

W/C 23rd April / 13th May / 3rd June / 24th June / 15th July					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Hunters Chicken, Potato Wedges & Sweetcorn	Sausage and Tomato Pasta Bake & Peas	Beef Chilli Tacos, Rice & Carrots	Roast Gammon, Roast Potatoes, Green Beans, Cauliflower & Gravy	Fish Fingers, Chips & Baked Beans
VEGETARIAN ✓	Quorn in a BBQ Sauce, Potato Wedges & Sweetcorn ✓	Veg Sausage and Tomato Pasta Bake & Peas ✓	Veg Chilli Tacos, Rice & Carrots ✓	Quorn Roast, Roast Potatoes, Green Beans, Cauliflower & Gravy ✓	Veg Fingers, Chips & Baked Beans ✓
1 BAGUETTE	Tuna Mayo & Cucumber	Cheese & Tomato ✓	Chicken Salad	Egg Mayo ✓	Ham & Coleslaw
2 JACKET POTATO	Baked Beans ✓	Beef Meatballs in a Tomato & Herb Sauce	Cheese ✓	Beef Chilli	Veg & Chickpea Curry ✓
PUDDING	Chocolate Mousse ✓	Apple Crumble & Cream ✓	White Chocolate Chip Cake ✓	Raspberry Jelly ✓	Ice-cream ✓
W/C 29th April / 20th May / 10th June / 1st July / 22nd July					
Week 2	"Meat Free" Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Cheese Pasta Bake & Broccoli ✓	Chicken Curry, Rice & Carrots	Breaded Fish, New Potatoes & Baked Beans	Cottage Pie & Cabbage	Hot Dog, Chips & Sweetcorn
VEGETARIAN ✓	Cheese & Tomato Pizza & Sweetcorn ✓	Veg Curry, Rice & Carrots ✓	Cheese and Potato Cake, New Potatoes & Baked Beans ✓	Quorn Mince & Potato Pie with Cabbage ✓	Veg Hot Dog, Chips & Sweetcorn ✓
1 BAGUETTE	Egg Mayo ✓	Ham	Cheese ✓	Chicken Mayo	Egg Salad ✓
2 JACKET POTATO	Baked Beans ✓	Egg Mayo ✓	Chicken Curry	Cheese & Spring Onion ✓	Tuna Mayo
PUDDING	Fresh Melon Wedge ✓	Lemon Drizzle Cake ✓	Banana Custard ✓	Iced Sponge ✓	Ice-cream ✓
W/C 6th May / 17th June / 8th July					
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT	Chicken and Bacon Pasta Bake & Broccoli	Sausage, Mash & Baked Beans	Lasagne & Carrots	Roast Chicken, Roast Potatoes, Cauliflower & Gravy	Fish Cake, Chips & Peas
VEGETARIAN ✓	Quorn and Tomato Pasta Bake & Broccoli ✓	Veg Sausage, Mash & Baked Beans ✓	Veg Lasagne & Carrots ✓	Quorn Roast, Roast Potatoes, Cauliflower & Gravy ✓	Veg Cakes, Chips & Peas ✓
1 BAGUETTE	Beef Salad	Cheese & Cucumber ✓	Coronation Chicken	Veg Sausage ✓	Turkey Salad
2 JACKET POTATO	Quorn Chilli ✓	Chicken a la King	Baked Beans ✓	Beef Curry	Quorn Bolognaise ✓
PUDDING	Peach Crumble & Ice-cream ✓	Jam Sponge ✓	Cherry Flapjack ✓	Chocolate Cake ✓	Freeze Pop ✓

Key: * = Gluten Free ✓ = Vegetarian Friendly

Our menu is compliant to the School Food Standards.

Milk, fresh fruit, yoghurts, sliced 50/50 bread and salad is available every day (subject to availability).

Please note the menu may be subject to change to meet the local needs.

Our CFK menu will provide your child with a healthy and nutritious diet that also engages and interests them.

This is a trial menu and we will issue any changes in week 3.

If you would like to discuss your child's dietary needs please contact the school office on 023 8044 7885 and a member

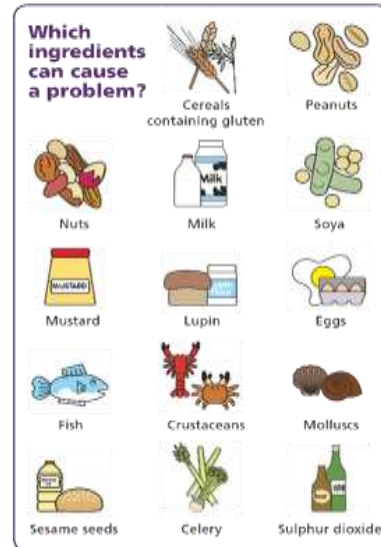
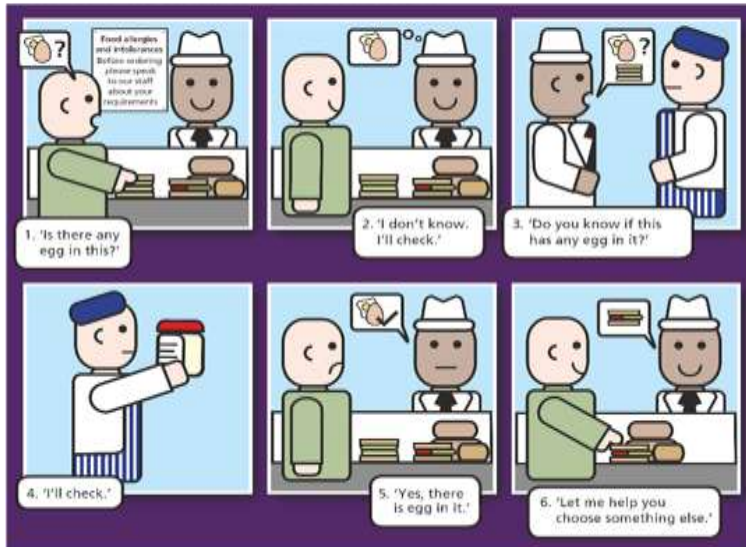
of the catering team will call you back.



Menu Summer Term 2019

Think Allergy

When someone asks you if a food contains a particular ingredient – always check. From 13 December 2014, food businesses will need to provide information about allergenic ingredients in the food they serve.



For more information and advice about allergy, visit: food.gov.uk/allergy
A booklet *Allergen information for loose foods* is also available to download.

We refer to the guidance in the School Food Standards to develop our menu.

Milk, fresh fruit and 50/50 bread is available daily as a choice.

Vegetarian friendly yogurts are available as an alternative choice, by request.

Grated cheese is available on request and

a selection of salad will be available daily at the servery.

Our Catering Team can be contacted via the main school reception and can help you with;

- Information on Allergens.

- Identifying a menu suitable for your child if they have a dietary requirement

- A colour coded menu for a dairy/gluten free diet

Our CFK menu will provide your child with a healthy and nutritious diet that also engages and interests them



Please note the menu may be subject to change to meet the local needs.

All dishes can be amended to cater for Gluten Free.

